



SUMMERFIELD PARK

PHOTO BY DON LAWRENCE

THE BENEFITS OF PARKS & RECREATION ARE ENDLESS.....

LEISURE ACTIVITIES IN PARKS IMPROVE MOODS, REDUCE STRESS AND ENHANCE A SENSE OF WELLNESS. In an increasing complex world, more and more people are placing a high value on achieving the feelings of relaxation and peacefulness that contact with nature, recreation and exposure to natural open spaces bring. People go to the park to get in a better mood, to reinvigorate themselves and to decrease the anxieties of daily life.

PARKS SPOTLIGHT

Wondering what the construction is at Virgallito Park? We are installing a poured-in-place playground surfacing. This will eliminate playground mulch being put down each year and weeds. Those individuals in wheelchairs or gait issues will be able to access this ADA accessible playground.



RECREATION

Join us on November 11 at Veterans Memorial Park at 2 p.m. in honor of Veterans Day. The City of Beavercreek will honor veterans with a program including remarks from Mayor Brian Jarvis and special guest speaker Colonel John M. Devillier, 88th Air Base Wing and Installation Commander at Wright-Patterson Air Force Base. Veterans Memorial Park is located at 1911 N. Fairfield Rd in Beavercreek. Lawn chairs are welcome and bleacher seating will be available.



SENIOR Center

The Mind Fit Series: Activities to Boost Brain Health

This six part series continues, led by brain fitness expert Jennifer Couch. You will learn proactive ways to enhance cognitive functioning, including fun group activities used in the Cognitive Therapeutics Method, a science-based cognitive program. Sessions are free for members, you may sign up for one or more, but you must sign up to attend. Sessions meet Fridays, 10 - 11:30 a.m. Next session is November 6.

Quick Links

- [Golf Course](#)
- [Parks & Recreation](#)
- [Senior Center](#)
- [Youth Sports](#)
- [View & Register for Activities](#)

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