

Pictured: Winter in Rotary Park, 2016



Monthly Updates from Your Beaver Creek Parks, Recreation & Culture

Monthly Parks & Recreation Benefit: Recreation assists in youth development by helping to develop decision-making skills, cooperative behaviors, positive relationships and empowerment.

January Division Updates:

Parks

Tree Advisory Board

The City of Beaver Creek is accepting applications for our newly formed Tree Advisory Board. Do you really enjoy trees and would like to share your passion with others? Do you absolutely love Beaver Creek and realize what trees can do for our community? This new board will meet monthly and do the following:

- Help implement an annual Arbor Day Celebration
- Establish and maintain an inventory of City street trees
- Communicate with the community news and information regarding the selection, planting and maintenance of trees
- Establish the recommended species and variety of trees to be planted in the boulevards

There will be other responsibilities as we go along. Be a part of something new in Beaver Creek! Contact us at the Parks Department for more information, or [apply online \(click here\)](#).

Recreation

Keep Active this Winter!

Our indoor adult fitness classes are in full swing! Shake off those wintertime blues and warm up with a workout.

We currently offer the following fitness classes - new sessions starting soon! Call 937-427-5514 or [register online here](#).

- Beaver Creek Bootcamp, MWF, 5:30 - 6:30 **a.m.** - January 8
- Beginning Tai Chi for Health & Wellness, Wednesdays 6 - 7:00 p.m. - January 10
- Morning Yoga, Tuesdays and/or Thursdays 8:15 - 9:30 a.m. - January 4
- Evening Yoga, Mondays or Thursdays 6:15 - 7:15 p.m. - January 8
- Rollersizer Fit Camp, Mondays 5:45 - 6:30 p.m. - January 8
- Stretch, Strength & Sculpt, Tuesdays 6 - 6:45 p.m. - January 9
- Strollers in Motion, Wednesdays, 9:30 - 10:15 a.m. - January 10



Pictured: Strollers in Motion class at Lofino Plaza

Retirement Planning Today

Our popular retirement planning class will be offered again this January. Learn how to manage investment risks, use new tax laws to your advantage, make informed decisions about your retirement plan, and adjust your estate plan to function properly, and more.

Thursdays, January 25 & February 1 OR

Tuesdays, January 30 & February 6

6 - 9 p.m.

Preregistration is required. Fee is \$49 for Residents, \$59 for Nonresidents.

Senior Center

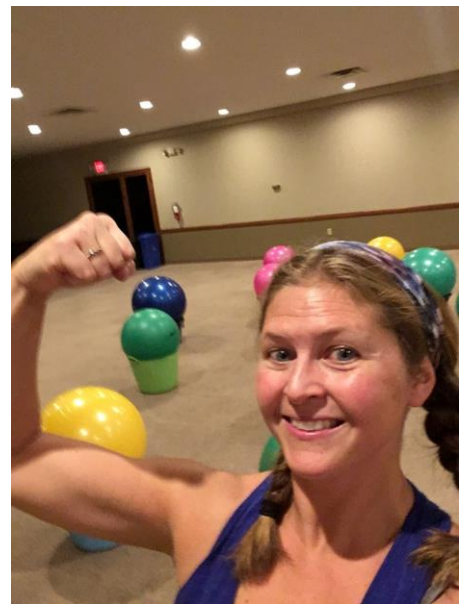
New class! Drums Alive - Golden Beats

Drums Alive is a fun, brain and body wellness class that combines rhythmical drumming and movement with fitness. Each class is uniquely designed to energize and motivate your fitness routine with fitness balls and drumsticks. No experience required!

Tuesdays, 10 a.m., beginning January 30 (6-week class)

\$25 for Senior Center members/ \$50 for Nonmembers. Drop in fee - \$5 Members/ \$10 nonmembers.

FREE Demo class Tuesday, January 23!



Pictured: Instructor, Dorie Phillips, set up and ready for a Drums Alive class!



Looking for a special event or activity?

[View & Register for our Programs Online Here!](#)

Quick Links

- [Parks, Recreation & Culture](#)
- [Senior Center](#)
- [Golf Club](#)

It is the mission of the City of Beavercreek division of Parks, Recreation & Culture to preserve natural areas, to promote health and wellness, to provide quality leisure opportunities, and to increase cultural awareness for the benefit of the Beavercreek community.

Parks, Recreation & Culture, 789 Orchard Lane, Beavercreek, Ohio, 45434

937-427-5514