

MON 2 6:00 AM FIT FOR DUTY - TRX STRENGTH TRAINING
 9:00 AM DW'S FOCUS ON EUROPE / GLOBAL 3000
 10:00 AM - CITY COUNCIL MEETING OF NOVEMBER 11
 3:00 PM - MEASURING THE WORLD; SUGAR SUBSTITUTE
 5:00 PM - FINER W/ AGE - HAPPY HEALTHY HEARTS
 5:30 PM - BACK PAIN TREATMENT; BOTOX
 6:00 PM - CITY COUNCIL MEETING OF NOVEMBER 25
 10:00 PM - HIGH SCHOOL - A SURVIVOR'S GUIDE

TUE 3 6:00 AM FIT FOR DUTY - TRX SUSPENSION STRAPS
 11:00 AM - GREENE COUNTY COMMISSION MEETING
 3:00 PM - MEDICINAL PLANTS; SPIDER SILK
 5:00 PM - FINER W/ AGE - HEARING LOSS
 5:30 PM - BAD AIR, GOOD AIR, CITY AIR
 7:00 PM PARK BOARD MEETING - LIVE
 9:00 PM - DW'S TOMORROW TODAY / IN GOOD SHAPE
 10:00 PM DAYTON CHILDREN'S PARADE 2018

WED 4 6:00 AM FIT FOR DUTY - UPPER BODY
 9:00 AM - DW'S FOCUS ON EUROPE / GLOBAL 3000
 10:00 AM - CITY COUNCIL MEETING OF NOVEMBER 25
 3:00 PM - MICROPLASTICS IN WATER; BRAIN ON AUTOPILOT
 5:00 PM - FINER W/ AGE - INDEPENDENCE; DISABLED ADULT CHIL
 5:30 PM - BEG BUGS; TOOTHACHES
 6:00 PM - PLANNING COMMISSION MEETING - LIVE
 10:00 PM HIGH SCHOOL - A SURVIVOR'S GUIDE

THU 5 6:00 AM FIT FOR DUTY - AB ATTACK
 10:00 AM - HIGH SCHOOL - A SURVIVOR'S GUIDE
 1:00 PM - DAYTON CHILDREN'S PARADE 2018
 3:00 PM - MIDDLE-EASTERN RESEARCHERS
 5:00 PM - FINER W/ AGE - KINSHIP CARE
 5:30 PM - BLOOD; PARSLEY; DIABETES
 7:00 PM - CITY COUNCIL MEETING OF NOVEMBER 25
 10:00 PM DAYTON CHILDREN'S PARADE 2018

FRI 6 6:00 AM FIT FOR DUTY - ADD PILATES TO WORKOUT
 10:00 AM - PLANNING COMMISSION MEETING OF DECEMBER 4
 3:00 PM - MIGRAINES; FEAR AND HYPNOSIS
 5:00 PM - FINER W/ AGE - LIFTING AND MOVING LOVED ONES
 5:30 PM - BLOOD THERAPY, BIOPSY, TRANSFUSIONS
 6:00 PM - PARK BOARD MEETING OF NOVEMBER 12
 8:00 PM - HIGH SCHOOL - A SURVIVOR'S GUIDE
 10:00 PM - CITY COUNCIL MEETING OF NOVEMBER 25

SAT 7 6:00 AM FIT FOR DUTY - AEROBICS
 10:00 AM - NASA - PLANETARY LANDING RESEARCH
 10:30 AM ASTRONOMY
 11:00 AM BEAVERCREEK TOWNSHIP TRUSTEES MEETING
 2:00 PM - ZONING APPEALS MEETING OF NOVEMBER 13
 7:00 PM - LGBT AND ADDICTION RECOVERY
 8:00 PM - DW'S TOMORROW TODAY / IN GOOD SHAPE
 9:00 PM GREENE COUNTY COMMISSION MEETING
 11:00 PM HIGH SCHOOL - A SURVIVOR'S GUIDE

SUN 8 6:00 AM FIT FOR DUTY - ARMS, BACK, LEGS
 10:00 AM - NASA - PROFESSIONAL ATHLETES
 10:30 AM ASTRONOMY
 11:00 AM BEAVERCREEK TOWNSHIP TRUSTEES MEETING
 2:00 PM - PLANNING COMMISSION MEETING OF DECEMBER 4
 7:00 PM - ADDICTION RECOVERY FOR A LIFETIME
 8:00 PM - DW'S TOMORROW TODAY / IN GOOD SHAPE
 9:00 PM - DW'S FOCUS ON EUROPE / GLOBAL 3000
 10:00 PM GREENE COUNTY COMMISSION MEETING