



Pictured: Gardeners waiting patiently for the Perennial Trade to begin at the Perennial Trade day in April 2021. Our next Perennial Trade day is September 25. [Check out the details here](#) and join the fun!



## Monthly Updates from Your Beaver Creek Parks, Recreation & Culture Division

**Monthly Fun Fact:** Did you know that occupational wellness is just as important as physical wellness? Work-life balance is key to occupational wellness. One way you can improve occupational health is to invest time in your hobbies.

### September Division Updates:

#### Parks

##### Beaver Creek 9/11 Memorial

On the morning of Tuesday, September 11, 2001, four coordinated terrorist attacks forever changed life in America. The September 11 attacks are the single deadliest terrorist attack in history, resulting in 2977 fatalities and over 25,000 injuries. Beaver Creek promises to never forget September 11, 2001.

The City of Beaver Creek worked together with the City of Beaver Creek Police Department, Beaver Creek Township Fire Department, the Beaver Creek Chamber of Commerce, and the Beaver Creek City Schools to form a committee that would work to design and construct a memorial to commemorate the events of September 11, 2001. The centerpiece of this memorial is a steel beam from the World Trade Center that was once located between the 101st and 105th floors of the North Tower. The beam is approximately 23 feet long, 7.5 feet wide and weighs between 2 and 3 tons. The memorial was dedicated on the 10-year anniversary of the attacks.

As we approach the 20<sup>th</sup> anniversary, be sure to take some time to visit the memorial and reflect on this tragic event. The Beaver Creek 9/11 Memorial is located near the North Fairfield Road and U.S. Route 35 interchange next to Beaver Creek Station.



## Recreation

### Evening Yoga

Instructor Sandy Wright

Mondays, 6:15 – 7:15 p.m., September 13 – October 11

Thursdays, 6:15 – 7:15 p.m., September 16 – October 14

\$52 / \$45 Resident Discounted Fee (5-week session)

Learn the fundamental aspects of yoga including physical posture, breathing techniques, deep relaxation, visualization, and meditation. The practice of yoga reduces stress and tension, strengthens the lungs, increases energy levels, improves the immune system, lower blood pressure, and increases flexibility and mobility. This class is designed for all levels of experience.

[Register for yoga and more here](#)

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## Senior Center

### Beavercreek Strummers

Practices every Thursday, 10:30 a.m. to 12:30 p.m. in the Great Room. Members are encouraged to come listen! The Strummers are looking for a “sound man”. If you are interested, please contact Sue at (937) 426-3466.



### Fall Prevention

The Greene County Council on Aging is hosting a Fall Prevention Event on Thursday, September 29 from 1:30 to 3:30 p.m. at the Xenia Community Center (1265 W. Second Street). There will be a variety of professionals on hand for fall and balance assessments, sharing of technology resources including Fall Apps, emergency response system information, a devise station, medication reviews, and information about movement and other programs. The event flyer is available at the Senior Center and on the Council’s website and [online here](#).

### Snooty Fox Tour

Wednesday, September 22, 8:30 a.m. to 4:45 p.m.

The Snooty Fox is a chain of upscale consignment shops in greater Cincinnati with high quality fashions at reduced prices, as well as furniture and accessories to decorate your home at affordable prices! The selection is ever changing and new merchandise arriving every day at all four locations. We will head down south on the comfort of a coach bus. Please plan to arrive at the Center at 8:15 a.m. Bus departs at 8:30 a.m. sharp and returns to the center at approximately 4:45 p.m. You will be treated to a box lunch and there will be treats to enjoy along the way. All will be required to wear a mask while on the bus. \$35 for members, \$55 non-members. Limited seats. Registration begins Tuesday, September 7.



### Evening and Weekend Hours Update

Effective Tuesday, September 7 – Senior Center hours of operation will be:

Monday – Thursday 9:00 a.m. – 7:00 p.m.

Friday 9:00 a.m. – 4:00 p.m.

Saturday 9:00 a.m. – Noon

Check out all Senior Center activities here: [Senior Center September Newsletter](#)

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## Looking for a special event or activity?

[View & Register for our Programs Online Here!](#)

### Quick Links

- [Parks, Recreation & Culture](#)
- [Senior Center](#)

It is the mission of the City of Beavercreek division of **Parks, Recreation & Culture** to deliver recreational experiences that enhance quality of life.

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